



PULSOMETER FLYBACK CHRONOGRAPH, DATE, SELF-WINDING

CALIBRE F385, UP TO 50-HOUR AUTONOMY.



THE CROWN HAS THREE DISTINCT POSITIONS:

Position A. crown in manual-winding position.

Position B, fast date-setting position: for rapid date adjustment.

Position C, crown pulled out to time-setting position, enabling adjustment of the hours and minutes.

Push the crown back into position A after the operation.

USING THE CHRONOGRAPH:

Pusher 1: starts the central chronograph seconds hand, as well as the hands on the hour and minute counters. A second press stops the chronograph function, while a third press restarts it.

Pusher 2: resets the central chronograph seconds hand as well as the hands on the hour and minute counters. This pusher serves to activate the flyback function when the central chronograph seconds hand is in operation.

FLYBACK FUNCTION:

The flyback function serves to reset the chronograph (pusher 2), followed by an instant restart, thus enabling the user to measure successive time intervals without needing to stop, reset and restart the chronograph.

PULSOMETER FUNCTION:

Using the chronometer function, it is also possible to measure the number of heartbeats per minute (bpm) by referring to the indications appearing around the dial circumference.

- 1. Begin taking your pulse at the exact time you start the chronograph (pusher 1).
- 2. Count off 30 heartbeats.
- 3. Stop the chronograph (pusher 1).
- The central chronograph seconds hand will then indicate your heartbeats per minute.

TRIPLE-BLADE FOLDING CLASP (WITH PRONG)

Only Blancpain wristbands specially designed for this folding clasp should be used. For your safety and comfort, we advise you to have your new clasp fitted by an authorised Blancpain retailer. You can always then adjust the length of the wristband yourself.

OPENING

To open the fastening, place one finger on each side of the clasp and pull it upwards (Fig. 1). Proceed in the same manner to open the other blade (Fig. 2).





CLOSING

Slip your Blancpain watch on your wrist and close the folding blades as indicated on figures 3 and 4.





Fig. 4

ADJUSTING THE WRISTBAND:

Slide the section of the wristband into the clasp and insert the prong into the desired hole (Fig. 5). Move the prong to another hole if necessary.



Fig. 5